



Resources Call to Safety Can Offer to L&C Students

24/7 confidential, toll-free crisis line (1-888-235-5333):

Crisis intervention, safety-planning, emotional support, updates on shelter space, information and referrals to other services. In some cases, if funding is available, survivors may be able to access transportation or motel vouchers through the crisis line. It is also the access point for our medical response, support groups, and follow up services. Folks can opt to text, chat, or email for confidential support as well.

Sexual assault medical response:

In-person medical response accompaniment for survivors who have experienced sexual assault (SA) within the last 120 hours and are seeking a SAFE Kit, we can also accompany SA survivors who are seeking a wellness exam within 7 days of an assault. We respond to hospitals and clinics in the Portland Metro area, or within 25 miles of Portland. We respond when the survivor chooses not to report or is undecided. We will also respond if a survivor is at a hospital or clinic in the Portland Metro area and the appropriate responding agency is unable to respond. Our role is to provide emotional support, walk survivors through their options, and advocate for the best interest of the survivor.

Follow up advocacy:

We have advocates who can offer ongoing advocacy through case management to survivors from specific populations. Each advocate has specialized knowledge for the specific population they serve. Currently, Call to Safety offers follow up advocacy for: LGBTQ+ sexual assault survivors, sexually trafficked youth (12-25 yrs old), survivors with mental health barriers, survivors who have experienced domestic violence and/or stalking from someone who is not an intimate partner, and sexual assault survivors who are engaged with systems, (e.g., criminal justice or academic institutions). In addition to population-specific advocacy, Call to Safety can always offer follow up advocacy to any survivor of sexual violence. Follow up advocacy includes, but is not limited to: finding housing or applying for public assistance/benefits, helping to navigate through options, accessing the criminal justice system, and healing from violence.

Support groups:

Support groups are offered throughout the year and the waitlist is always open. We offer groups for adult survivors of childhood trauma and groups for survivors who experienced sexual assault in adulthood. Support groups are open to people of all genders. Groups are between 8 and 10 weeks long and are usually held in the evenings or on a weekend. Our support group advocate will reach out to offer referrals to other support groups if current groups are at capacity. Childcare and transportation vouchers are also available to participants.

What can CTS offer in addition to Lewis & Clark's services?

- Specialized and comprehensive knowledge of off-campus, community resources
- CTS advocates are not employed by the campus or institution and may be a best fit for survivors who express concerns around mandatory reporting requirements or conflicts of interest on campus
- Advocacy is available to a survivor regardless of status as a student. Services can continue even if a student graduates, transfers institutions, takes no credits/skips a term, or leaves the university
- Location of services is off-campus and CTS offers advocacy outside of regular business hours, this can assist survivors who may have privacy, safety, or accessibility concerns
- Services are not subject to Title IX or Clery Act requirements. Impartiality is never required, always survivor-led
- Offering a community agency to students can increase trust that campus advocates are acting in the best interest of the survivor